

One Heart-One Mind
Center for
Spiritual Living
Newsletter

We inspire your heart
We educate your mind
We empower your soul

June 2009

1 0225 Barnes Canyon Rd. Suite C-100 San Diego, CA 92121

June Theme: Practicing the Presence



June 7- Practicing the Presence

God is not some great entity we pray to. God is our very being waiting to fully express Itself as the individualization of you and me. As we turn our attention away from the effects of the world, we realize we live in a Living Field of Spirit.

Music: Richard James and Collette Thomas

Word for the Day: Presence

June 14- There is Nothing to Heal

Healing is not making something happen. Wholeness is already present waiting for our realization. When we realize wholeness, there is nothing to heal.

Music: Joy Almaas and One heart-One Mind Choir

Word for the Day: Wholeness

June 21- Personality, Individuality, Essence

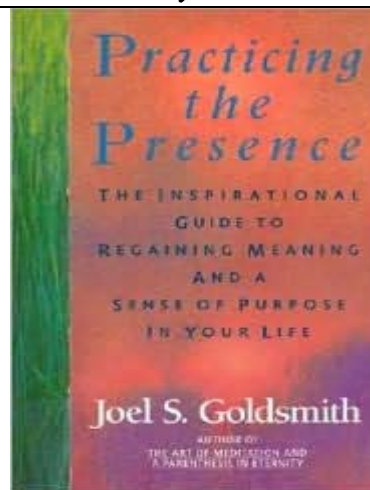
Joel Goldsmith recognized that sometimes his personality got in the way of his full expression of divinity but his honesty helps us to realize the truth of our being.

Music: Richard James and Elliott Lawrence

Word for the Day: Personality

June 28- A Parentheses in Eternity

In this lifetime there are two parentheses, the one marking birth and the other marking death. When they are removed, we will be on our way into another parenthesis, or what is called the future.



Joel Goldsmith



Book of the Month ; Practicing the Presence
And Life and Teaching of Joel Goldsmith

The best way to understand Goldsmith is to feel his words and let them vault you into the Presence.

"Come to God with pure motive for God IS and can only be experienced. God is all, as all.

Why pray for results when you can come from the realization of First Cause? We don't use the power of Spirit. We allow ourselves to be used by it.

Unity as multiplicity is here now which we realize as we enter fourth dimensional consciousness.

Grace comes through an evolutionary progressive unfoldment of consciousness. We are a parenthesis in eternity in time and space.

We develop spiritual consciousness. We rely on spiritual consciousness in everything we do. We turn away from the world of effect. We embrace the reality of spiritual illumination. We are the Christ, which is simply another name for the real self. By whatever name it is called – God, Father, or the Christ – it is to be found within.

Spiritual healing is the natural result of a divinely illumined consciousness. We are illumined only as we are receptive and responsive to spiritual illumination.

Music: Joy Almas and One Heart-One Mind Choir
Word for the Day: Eternity



One Heart-One Mind Inspirational Choir

Our choir sings twice this month as we celebrate on Freedom on Sunday, June 28th

Special Events

Church Photo Directory it's not too late to get your picture in our church directory, sign up with Christiania by calling 858-453-9830 and receive a free 8X 10 portrait.

Living from the Miraculous-July 27

Dynamic secrets to awaken from the collective trance for a truly conscious life of spiritual and material success from the teachings of G.I.

Gurdjieff on July 27th with John Maxwell Taylor as he tells us the truth about who we are.

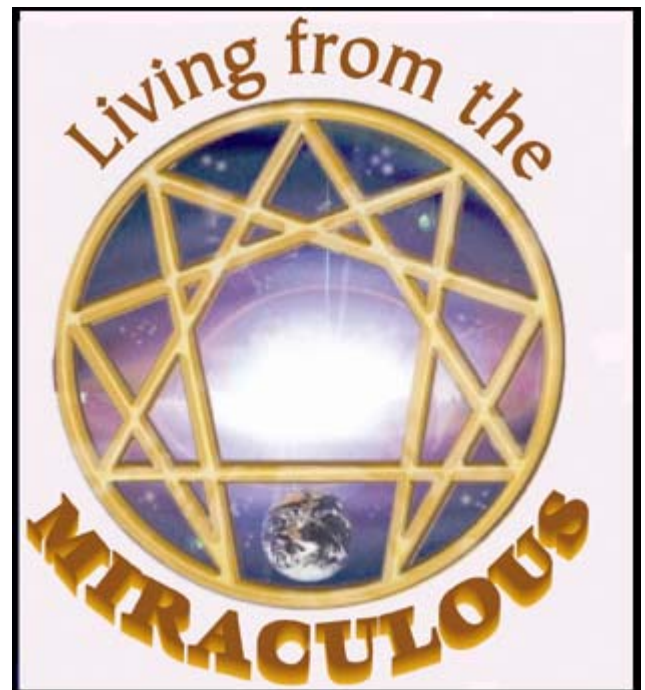
John Maxwell Taylor is a student of the teachings of Paramahansa Yogananda, Gurdjieff, C.G. Jung and Mantak Chia.

The "Third State" of Consciousness. We can be "spiritual" and still be asleep. Without access to this level of knowing we remain bound by words, books, ideas, and concepts. This state enables us to know by direct "objective" experience.

Freedom, peace, and prosperity are not dependent upon circumstances or conditions.

There is only one world, the spiritual world. We don't treat to improve the human condition, we treat to realize the Presence of Spirit within us. Understanding is important but to experience God we must transcend the mind. Reach higher for the truth that reveals itself through spiritual means -- without human means of communication.

We approach God by listening. We pray by letting. We release all worry and concern. We surrender the small self to the Christ. We surrender all desire to the *one* desire: to see God face to face, to know God, and to let the Will of God be made manifest in us."



One Heart-One Mind Center For Spiritual Living
Website: www.oneheart-onemind.org

Meditation Service at 9:30 am

Spiritual Community Service at 10:00 am

858-453-9830

Dr. Tom Direct: 760-471-5471

Prayer Line: 858-453-9831

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