

## The Science of Mind is Recession Proof

We cannot open a newspaper or turn on the TV without some commentator or "expert" informing us that we are heading for a recession. We struggle to find out what a recession means and we come to the conclusion it is a situation where we have less money to spend, where business is producing fewer jobs and less products, where everything is getting more expensive and where we feel a general sense of uneasiness that somehow we don't have enough money and stuff to see us through. It doesn't matter what the facts are. What matters is what we believe the facts are.

It is times like these when we must ask ourselves, "Is the teaching of Science of Mind something I believe when it is convenient, something that makes me feel good when I am hurting or is Science of Mind a profound spiritual philosophy which works in all aspects of my life?"

It's time to take a deep breath and turn with deep conviction to the Truth of our teaching.

**1. Everything we see and experience in the relative world is a result of ideas in mind.**

We produce our experiences according to our thoughts. Period. No exceptions. All of us are subject to the Law of Cause and Effect just as all of us are subject to the Law of Gravity. If we jump out of a fifty story building we go spat. If we accept the race consciousness idea of a recession, we go broke.

**2. Because there is only One Mind, all kinds of ideas float in and out of our awareness.**

We experience spiritual ideas of Truth as well as mental ideas which are the product of observation. The first ideas we call the primary ideas of Spirit. The second ideas we call the secondary ideas of the world.

**3. We get to choose what ideas we focus upon.** If we turn away for secondary effect, the outer world and focus on primary ideas we experience the primary results of Spirit. If we rely on the observations of the world and reason from secondary causation we experience the results of the collective thoughts of our fellow human beings.

**4. We do not deny the facts and conditions of the world.** In the world there is poverty, disease, anger, fear and yes, recession. But the facts do not define who we are or what we must experience. If you and I are experiencing any of these facts in our lives all it means is that for a moment we have forgotten and have accepted a secondary idea. We bless and forgive ourselves, turn our attention back to the primary ideas of Spirit and dwell there.

**5. What are the primary ideas of Spirit?** Primary ideas are the unconditioned ideas of vibrant life, deep and unconditional love, omnipresent light, overwhelming peace and harmony, the omnipotent power to find and execute perfect right solutions, the breathtaking beauty of our universe and the inexpressible joy of participating in the unfoldment of our unique and precious lives. These ideas do not depend on anything to manifest in their full glory. There are the innate ideas of Spirit and are simply waiting for us to call them forth, focus upon them, and totally accept them as the Absolute Truth.

**6. We know the truth and how to live.** The outpicturing of the universe is a result of the Consciousness of God. The outpicturing of our lives is the result of the level of our awareness and our moment by moment conscious and unconscious choices. We are evolving and growing in our awareness. The Loving Presence of Spirit delights in our journey, knowing each of us must find our own way to come into the full manifestation of our divine individuality.

**7. We choose now to live from the Truth.** For the Science of Mind is recession proof.

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